

It starts online. The harm is real. So is your ability to stop it.

Developed for men aged 18–30, and open to all genders interested in building skills to address online harm, misogyny, and hate.

Digital hate, online misogyny, and harm don't just stay online. They shape friendships, campuses, and communities. And most of us were never taught how to recognize what's happening, let alone what to do about it.

This **free, three-day in-person training developed by the Polarization & Extremism Research & Innovation Lab (PERIL)** gives you the knowledge and skills to understand online harm, have hard conversations, and step in, with the people in your life, in your community, and online.

You'll leave with real tools (and a certificate!). And you can join an ongoing group of peers who are figuring this out together.



Details of the free training:

- In-person | July 14–16, 2026 | 9:00 a.m.–5:00 p.m. ET with lunch + regular breaks
- Western University, Faculty of Education Community Room, London ON
- Limited to 20–30 participants | Ages 18–30
- Followed by optional monthly virtual meetups for ongoing peer support
- Earn a certificate of completion (16 hours) issued by PERIL & CREVAWC

This training is hands-on, peer-based, and built for people who want to take action. Whether you're an educator, peer mentor, student leader, community member, or just someone online paying attention, there's a place for you here.



Meals and snacks are provided.



Limited travel support is also available.



Contact us to learn more:
crevawc@uwo.ca



Spots are limited.

Apply today!



This training is developed by the **Polarization & Extremism Research & Innovation Lab (PERIL)** at American University, a leader in evidence-based approaches to preventing hate, bias, and extremist radicalization. Delivered in Canada in partnership with the **Centre for Research & Education on Violence Against Women & Children (CREVAWC)**.