



How Ageism and Racism Affect Older Adults' Wellbeing: Share your experiences through photos and group discussions

We invite older adults from diverse racial backgrounds to join a study using photos and stories to explore how experiences of racism and ageism impact their daily lives and wellbeing. Your participation will help raise awareness and create positive change for older adults experiencing racism and ageism.



What to expect

- Take photos about your experiences using a camera we provide.
- Join 8 group sessions to learn about photovoice, talk about your photos, and plan how to share them.
- Receive \$30 for each session you attend.

Who can participate?

- Older Adults (65+) from racial minority groups (e.g., Black, Indigenous, or other)
- Have experience or noticed how ageism affect daily life.
- feel comfortable sharing their experiences

For more information about this study,
or to participate in this study, please contact: **Dr. Sachi Wijekoon**,
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