



A TVIC Community of Practice is gaining momentum in London to:

- Continue the work of making London a trauma- and violence-informed community.
- Learn about what it means to implement trauma and violence informed care practices.
- Share some current tools to help organizations in implementing these concepts.

What is TVIC?

- Policies and practices that focus on understanding the impacts of trauma and violence, and preventing harm by creating environments that promote emotional and physical safety for all.
- A **universal precaution**, so that disclosure or knowledge of history of trauma/violence is not necessary. TVIC improves care for all.
- Shifts the focus from “what’s wrong” (in the person’s head), to “what’s happening, and is still happening?” (in the person’s life).
- Supports accountability at the organizational and individual provider level.

TVIC Changes Cultures

- TVIC looks at the systemic violence inherent within all of the systems that the individuals we support interact with, and how that contributes to their accumulative trauma and experiences of inequity.
- TVIC requires us as individuals working within the system to examine what our own experiences, power, biases, privileges and assumptions are. It reduces that sense of “us and them”.
- A core component of Equity-Oriented care. Validates Social Determinants of health, Recovery and whole-person care. TVIC is an accredited, evidence-based gold standard of practice.

The Impact of Individual and Collaborative Actions

-The Southwest Region Coordinating committee (SWRCC), coordinated by Margaret MacPherson, is a cross-sector group of service providers who held a regional forum in Fall 2016 and published the report [*Finding our Way Together: Strategies to Improve Services and Community Collaboration for People with Abuse/Trauma, Mental Health, and Substance Abuse Issues*](#). SWRCC charges inter-sectoral tables to work together, with a focus on the impact every individual change can make at points of intersection between service providers and service users.

The CMHA-Middlesex TVIC Story

The CMHA-Middlesex implementation of TVIC policies and practices has involved the following steps:

1. Commitment by leadership 2011
2. Identified champions 2011
3. Launched Trauma Informed Group (TIG) 2012
4. Presented to all-employee meeting 2013
5. Mandatory staff training 2013
6. Reviewed/updated policies & procedures 2013
7. Agency-wide awareness campaign 2014
8. Ongoing and continuous work to maintain TVIC
9. Installed legitimized peer-support roles
10. Continuing to train externally

Resources Available

- EQUIP Health Care free online modules coming in late Fall 2017. <http://www.EQUIPhealthcare.ca>
- [TVIC Tool](#), a tool for health and social service organizations and providers.

What’s Next?

Let us know of your interest and readiness. If your organization seeks training, or wants to start implementing TIVC practices, email us at info@crhesi.ca.